Characterization of Shiga Toxin-Producing *Escherichia coli* Isolates Associated with Two Multistate Food-Borne Outbreaks That Occurred in 2006⁷

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Received 16 July 2007/Accepted 28 November 2007

Shiga toxin-producing *Escherichia coli* isolates from two 2006 outbreaks were compared to other O157:H7 isolates for virulence genotype, biofilm formation, and stress responses. Spinach- and lettuce-related-outbreak strains had similar pulsed-field gel electrophoresis patterns, and all carried both stx_2 and stx_{2c} variant genes. Cooperative biofilm formation involving an *E. coli* O157:H7 strain and a non-O157:H7 strain was also demonstrated.

Hemorrhagic colitis, which occasionally progresses to hemolytic uremic syndrome (HUS), is a hallmark of human infection with Shiga toxin-producing *Escherichia coli* (STEC). Serotype O157:H7 is the serotype most commonly associated with clinical disease and food-associated outbreaks (18). However, other STEC serotypes have been associated with outbreaks and sporadic disease (4). There are two major types of Shiga toxin encoded by the stx_1 and stx_2 genes, and an increasing number of variants for both are being reported (5, 21). In addition to Shiga toxin, the locus of enterocyte effacement (*LEE*) and a 60-MDa, hemolysin-encoding plasmid are considered major STEC virulence determinants (21).

During 2006, there were three multistate, produce-associated outbreaks of *E. coli* O157:H7, two of which involved Pennsylvania. In September, 26 states reported illnesses linked to spinach which resulted in 205 confirmed cases of illness and three deaths (8, 10). Of 103 hospitalized patients, 31 (30%) developed HUS. In November, according to the Centers for Disease Control and Prevention, five states reported illnesses that were linked to lettuce (http://www.cdc.gov/ecoli/2006/december/121406.htm). Of 71 cases, 53 were hospitalized and 8 (15%) developed HUS.

Bacterial persistence on foods or in the production environment can be augmented by stress resistance genes and biofilm formation (9, 19). Acid resistance allows STEC to survive passage through the stomach and enhances survival in foods and in the processing environment (15, 26). Furthermore, sublethal acid conditions (acid adaptation) could increase the ability of cells to survive the severe acid challenge of gastric passage. Thermal processing is commonly used to reduce or eliminate pathogens from food. Although *E. coli* O157:H7 does not show an unusual tolerance to heat, variation in levels of heat resistance among strains has been demonstrated (3).

Biofilm formation can protect bacteria from environmental stress, increase their resistance to antimicrobials, and enhance persistence on foods and solid surfaces (6, 9, 17). We compared Pennsylvania STEC isolates from two 2006 outbreaks to serotype O157:H7 isolates from diverse sources for the presence of virulence genes, stress resistance characteristics, and biofilm formation.

Bacterial strains, media, and growth conditions. The bacterial strains used in this study were propagated in brain heart infusion broth (Becton, Dickinson and Co., Sparks, MD) or on 1.5% brain heart infusion agar plates. Luria-Bertani (LB) broth (Becton, Dickinson and Co.) or agar (1.5%) made with no salt (LB-NS) and tryptic soy broth (Becton, Dickinson and Co.) or tryptic soy agar were used as noted below. Curli fiber expression was analyzed on Congo red indicator plates (24). Media for mixed-strain biofilm assays contained 100 μ g/ml ampicillin (Sigma-Aldrich Corporation, St. Louis, MO).

Comparison of virulence genes, Shiga toxin sequencing, and pulsed-field gel electrophoresis (PFGE). Seven strains submitted to Pennsylvania diagnostic laboratories from two 2006 outbreaks, including two sets of patient isolates matched with isolates from the spinach that the patients consumed (patient/ food paired isolates), were compared to a diverse group of serotype O157:H7 strains by the use of PCR targeting of E. coli virulence genes (Table 1). Primers for the stx_1 gene and/or the stx_2 gene (11) amplified product from each of the 17 strains (Table 1). Primers targeting the STEC hly gene (12), the eae gene from O157 strains (Table 2), a 5' conserved sequence of the eaeA gene in STEC (14), and the wzy gene in the O antigen gene cluster of O157 strains (Table 2) all amplified a product from each strain except for O6E01767 (O-:H4). Primers (not shown) targeting the *cdt-I*, *cdt-III*, *cdt-IV*, *astA*, *bfp*, *cnf-1*, *cnf-2*, fasA, faeG, fimF41a, fanA, fedA, elt, estIa, and estIb genes all failed to amplify a product from any of the 17 strains. These results indicate that the serotype O157:H7 strains from both 2006 outbreaks carried similar virulence genes and differed from the other O157:H7 strains only in the type of Shiga toxin

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[▽] Published ahead of print on 14 December 2007.

TABLE 1. E. coli strains and Shiga toxin amplification

E. coli strain	Serotype	Source	stx_1	stx ₂
Tarr1A	O157:H7	Patient (24)	+	
Tarr4A	O157:H7	Patient (24)	+	+
168-93	O157:H7	Beef brisket (FSIS)		+
C7927	O157:H7	Patient (apple cider, CDC)	+	+
SEA13B88	O157:H7	Apple juice (FDA)	+	+
180-93	O157:H7	Calf (FSIS)		+
194-93	O157:H7	"Downer" cow (FSIS)	+	+
414-95	O157:H7	Ground beef (FSIS)		+
ENT-C9490	O157:H7	Hamburger (CDC)	+	+
380-94	O157:H7	Salami (CDC)	+	+
06E01767	O-:H4 ^a	Spinach (patient A's home, coisolated with 06F00475)	+	
06E02109	O157:H7	Stool, patient C (2006 shredded-lettuce outbreak)		+
06E02128	O157:H7	Stool, patient D (2006 shredded-lettuce outbreak)		+
06E01456	O157:H7	Stool, patient A (2006 spinach outbreak)		+
06F00475	O157:H7	Spinach (patient A's home, coisolated with 06E01767)		+
06F00480	O157:H7	Spinach (patient B's home)		+
06E01595	O157:H7	Stool, patient B (2006 spinach outbreak)		+

^a The serotype of this strain was determined at the Gastroenteric Disease Center, Department of Veterinary and Biomedical Sciences, the Pennsylvania State University, University Park, PA. This strain did not react with any of the antisera used to type the somatic antigens of E. coli.

gene(s). However, an O-:H4 strain isolated from a spinach bag was positive only for stx_1 and contained none of the other genes considered important for STEC virulence.

To further characterize the seven 2006 outbreak strains, we sequenced the amplified stx operons using primers listed in Table 2. Strain O6E01767 (GenBank accession number EU273279) sequences shared the closest nucleotide identity (99%) with the stx_1 variant gene reported by Asakura et al. (1) (GenBank accession number AB048235). The sequence also showed close identity to eight additional GenBank records for stx_{1c} variants (GenBank accession numbers AY135685, Z36901, AJ413986, AJ314839, AJ314838, AJ312232, AB048231, and AB048234). All nine GenBank strains were isolated from either sheep (n = 6) or humans (n = 3), and all were of O serogroups other than O157. It is unknown what role, if any, strain 06E01767 (O-:H4) played in the 2006 outbreak, but past reports suggest that strains carrying stx_1 variants may be associated with milder illness (16).

Analyses of amplified Shiga toxin DNA from each of the six serotype O157:H7 2006 outbreak strains suggested the presence of stx_2 and a stx_{2c} variant. Primers designed from the antitermination protein Q gene of phage 2851 and the antitermination protein Q gene (primer 933Wq) paired with primer stx2ABrev amplified two unambiguous sequences identical to a stx_{2c} variant (22) and the stx_2 gene of strain EDL933 (GenBank accession number AE005174) at the amino acid level. Freidrich et al. (13) showed that stx_2 and stx_{2c} are the two stx genes most likely to be associated with HUS and severe clinical disease, with stx_2 being a greater risk factor than stx_{2c} . It is unknown whether the presence of both these toxins within a

TABLE 2. Primers

Primer	Sequence	Purpose	
O157wzy-F	CCTGTCAAAGGATAACCGTA ATCC	O157 wzy PCR	
O157wzy-R	TTGTTCTCCGTCTTGTCCTA AACT	O157 wzy PCR	
Eae-2325-F	GTAAGTCTCAAACGCAAGCAA CCAC	eae PCR	
Eae-2491-R	AACCTTGTTGTCAATTTTCAGT TCATCA	eae PCR	
stx1ABfor	ATGGTGCTCAAGGAGTAT TGTG	stx ₁ PCR and sequencing	
stx1ABrev	CATCTATTATCAGACCGG CAAC	stx ₁ PCR and sequencing	
stx1seqfor	GTCTGGTGACAGTAGCTA TACC	stx_1 sequencing	
stx1seqrev	CCTACACGAACAGAGTCT TGTC	stx_1 sequencing	
stx2ABfor	GGTCTGGTGCTGATTACT TCAG	stx ₂ PCR and sequencing	
stx2ABrev	TCTGACAGGCAACTGTCA ACTG	stx ₂ PCR and sequencing	
stx2seqfor	TACGCTTCAGGCAGATAC AGAG	stx_2 sequencing	
stx2seqrev	ATACTCCGGAAGCACATT GCTG	stx ₂ sequencing	
2851q	CCTCAATGCCTCGTTGTT TATG	stx _{2c} PCR and sequencing	
933Wq	CGGTATGTTGAGCGTGAA TTGC	stx ₂ PCR and sequencing	

single strain contributed to the strain virulence or the HUS associated with the outbreaks.

The perfect identity of virulence gene profiles and Shiga toxin sequences among the two sets of 2006 outbreak isolates prompted us to investigate strain relatedness using PFGE as described previously (20) (Fig. 1). The O157:H7 isolates from the spinach-associated outbreak had indistinguishable XbaI and BlnI restriction patterns. Likewise, the patterns from the shredded-lettuce-associated outbreak isolates were indistinguishable. Comparison of the serotype O157:H7 patterns of the spinach-associated outbreak to that of the lettuce-associated outbreak showed only minor band shifts or differences in band intensity, suggesting that the isolates from the two outbreaks could be closely related; further epidemiologic investigations may identify possible commonalities. The patterns for strain 06E01767 were unique from those of all other strains.

Thermal and acid tolerance. Levels of thermal tolerance and tolerance to synthetic gastric fluid, pH 1.5, were compared among the strains in Table 1. The heat tolerance was determined at 60°C as described previously (25). Data (microbial counts versus time) were analyzed using linear regression (Excel 2002), and the D_{60} values were the slopes of the regression lines. The D values ranged from 1.72 \pm 0.23 (strain Tarr4A) to 2.70 \pm 0.25 (strain 414-95). There were no significant differences in D values (1.98 \pm 0.10 to 2.32 \pm 0.27) among the STEC strains associated with the two 2006 produce-associated outbreaks; however, the D value of strain 06E01767 (2.50 \pm 0.43) was significantly different (P < 0.05) than that of strain Tarr4a. The results of the current study are comparable to those of Whiting and Golden (25), who also examined the D_{60} values of

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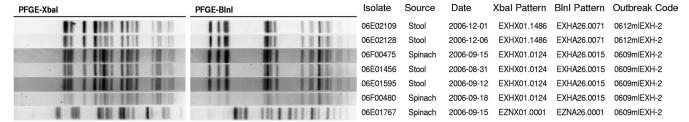


FIG. 1. Comparison of PFGE patterns of spinach- and lettuce-associated-outbreak strains. The enzyme pattern names and outbreak codes were assigned by the PulseNet team of the CDC.

E. coli O157:H7 strains, including strains C7927, SEA13B88, and C9490.

The method of Buchanan and Edelson (7) was used to produce acid-adapted (pH ca. 4.7) and nonadapted (pH ca. 6.8) cell populations of the strains listed in Table 1. Portions (500 μ l) of the cultures were inoculated into 50 ml of synthetic gastric fluid (pH 1.5), prepared as previously described (2), and incubated at 37°C without agitation. Samples taken at time zero and at 1, 2, 3, 4, and 5 h were enumerated by spread plating onto tryptic soy agar. Although there was some variation in the results, most strains showed a linear or quadratic

decrease in population size with time, with certain strains, such as SEA13B88, 380-94, C9490, C7027, and Tarr4A, showing greater decreases than others (Table 3). Only serotype O157:H7 strain 180-93 showed a significant difference in inactivation from those of the other strains. Cubic polynomials were fit to the data over time, and for strains Tarr4A, 168-93, C7927, SEA13B88, 06E02109, 06E02128, 06E01456, 06F00475, 06F00480, and 06E01595, there was a significantly greater decline in the acid-adapted cell populations with exposure to synthetic gastric fluid. The acid tolerance of the spinach- and lettuce-associated-outbreak strains

TABLE 3. Log numbers of CFU/ml of acid-adapted or non-acid-adapted cells following acid challenge with synthetic gastric fluid at pH 1.5

E. coli strain	Cells ^a	Mean \log_{10} no. of CFU/ml \pm SD ^b at:					
		0 h	1 h	2 h	3 h	4 h	5 h
Tarr1A	AA	6.75 ± 0.12	6.32 ± 0.18	6.25 ± 0.13	5.98 ± 0.21	5.76 ± 0.18	5.51 ± 0.40
	NA	6.21 ± 0.27	5.74 ± 0.29	5.42 ± 0.19	5.16 ± 0.38	4.69 ± 0.47	4.20 ± 0.23
Tarr4A	AA	6.82 ± 0.15	6.89 ± 0.04	6.63 ± 0.24	3.71 ± 0.58	ND^a	ND
	NA	6.52 ± 0.15	5.99 ± 0.16	5.79 ± 0.16	5.17 ± 0.26	4.59 ± 0.28	3.62 ± 0.44
168-93	AA	7.05 ± 0.11	6.94 ± 0.08	6.81 ± 0.12	3.94 ± 0.27	ND	ND
	NA	6.44 ± 0.03	5.95 ± 0.13	5.67 ± 0.14	5.36 ± 0.16	4.98 ± 0.42	4.26 ± 0.50
C7927	AA	6.93 ± 0.02	6.87 ± 0.14	6.47 ± 0.07	4.90 ± 1.29	ND	ND
	NA	6.60 ± 0.10	5.98 ± 0.02	$5.78.\pm0.50$	4.74 ± 0.50	3.55 ± 0.74	1.89 ± 1.39
SEA13B88	AA	7.10 ± 0.07	6.70 ± 0.02	5.49 ± 0.67	ND	ND	ND
	NA	6.51 ± 0.05	6.31 ± 0.26	5.78 ± 0.22	4.79 ± 0.79	4.10 ± 0.94	3.32 ± 1.40
180-93	AA	6.52 ± 0.20	ND	ND	ND	ND	ND
	NA	5.79 ± 0.39	ND	ND	ND	ND	ND
194-93	AA	6.95 ± 0.10	6.68 ± 0.19	6.42 ± 0.26	6.18 ± 0.41	5.38 ± 0.48	3.61 ± 0.74
	NA	6.62 ± 0.08	6.58 ± 0.14	6.23 ± 0.25	5.93 ± 0.63	5.11 ± 0.70	3.92 ± 0.86
414-95	AA	6.83 ± 0.15	6.65 ± 0.26	6.32 ± 0.07	5.92 ± 0.03	3.63 ± 1.25	ND
	NA	6.58 ± 0.17	6.44 ± 0.19	6.32 ± 0.27	5.40 ± 0.90	3.29 ± 1.41	0.63 ± 0.90
ENT	AA	6.90 ± 0.24	6.80 ± 0.36	6.48 ± 0.62	4.21 ± 0.47	ND	ND
C9490	NA	6.73 ± 0.10	6.47 ± 0.17	5.91 ± 0.38	4.52 ± 0.52	2.59 ± 0.62	ND
380-94	AA	7.01 ± 0.08	6.88 ± 0.07	6.79 ± 0.08	5.05 ± 1.27	ND	ND
	NA	6.76 ± 0.13	6.52 ± 0.16	6.12 ± 0.33	5.28 ± 0.46	3.79 ± 0.99	2.33 ± 1.03
06E01767	AA	6.83 ± 0.06	6.82 ± 0.09	6.63 ± 0.01	6.06 ± 0.40	4.72 ± 0.93	3.56 ± 1.10
	NA	6.70 ± 0.09	6.63 ± 0.30	6.41 ± 0.35	6.25 ± 0.51	4.65 ± 0.52	2.95 ± 1.11
06E02109	AA	6.93 ± 0.14	6.62 ± 0.10	6.78 ± 0.08	6.19 ± 0.47	3.20 ± 1.05	ND
	NA	6.30 ± 0.13	6.04 ± 0.22	5.97 ± 0.23	5.74 ± 0.18	5.35 ± 0.32	4.92 ± 0.39
06E02128	AA	6.85 ± 0.07	6.95 ± 0.09	6.86 ± 0.04	6.49 ± 0.11	2.93 ± 1.29	ND
	NA	6.44 ± 0.34	5.55 ± 0.22	5.30 ± 0.19	5.10 ± 0.19	4.84 ± 0.02	4.65 ± 0.22
06E01456	AA	6.93 ± 0.08	6.97 ± 0.07	6.87 ± 0.14	5.87 ± 0.66	2.45 ± 0.55	ND
	NA	6.10 ± 0.06	5.59 ± 0.05	5.49 ± 0.31	5.31 ± 0.33	4.82 ± 0.26	4.64 ± 0.55
06F00475	AA	6.69 ± 0.28	6.34 ± 0.46	6.05 ± 0.71	5.50 ± 0.91	3.38 ± 0.60	ND
	NA	6.48 ± 0.19	6.01 ± 0.13	5.71 ± 0.11	5.33 ± 0.46	4.85 ± 0.75	4.63 ± 0.91
06F00480	AA	6.96 ± 0.10	6.81 ± 0.16	6.72 ± 0.34	6.30 ± 0.52	3.75 ± 0.18	ND
	NA	6.19 ± 0.16	5.81 ± 0.16	5.66 ± 0.09	5.49 ± 0.28	5.36 ± 0.40	4.43 ± 1.21
06E01595	AA	6.98 ± 0.07	6.87 ± 0.14	6.75 ± 0.12	6.07 ± 0.97	3.98 ± 0.80	ND
	NA	6.66 ± 0.10	6.14 ± 0.12	6.02 ± 0.10	5.86 ± 0.04	5.69 ± 0.38	5.39 ± 0.36

^a AA, acid adapted; NA, non-acid adapted.

^b ND, not detected. The detection limit for plating was 1.32 log₁₀ CFU. For the statistical analyses, random values were generated between 0 and 1.32 log₁₀ CFU for samples in which no bacteria were detectable. The means were calculated with two independent samples of each strain.

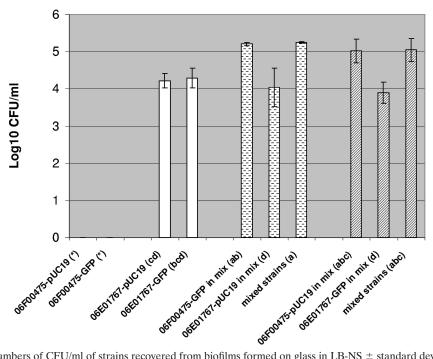


FIG. 2. Mean \log_{10} numbers of CFU/ml of strains recovered from biofilms formed on glass in LB-NS \pm standard deviations. Strains 06F00475 (serotype O157:H7; spinach isolate) and 06E01767 (serotype O \pm :H4; spinach isolate), carrying either plasmid pGFPuv or plasmid pUC19, were tested in biofilms individually (plain bars) or as mixed strains (patterned bars). The two plasmids used in the experiment whose results are represented by the bars with broken horizontal lines are reversed from the plasmids used in the experiment whose results are represented bars. The means were calculated from three independent samples of each strain. Letters in parentheses following the strain designations represent the results of a Bonferroni least square difference means separation. Values for strains with the same letter are not statistically different from each other (P < 0.05). *, the number of CFU was below the limits of detection.

was not notably greater than that of most of the other *E. coli* O157:H7 strains tested. It is unknown why acid adaptation did not increase the ability of some strains to tolerate exposure to synthetic gastric fluid. Further studies to examine genetic differences among these strains, including the presence of mutations in stress response genes, are warranted.

Biofilm formation. The formation of *E. coli* biofilm is often associated with the expression of Congo red-binding curli fimbriae and exopolysaccharides (27). Strain 06E01767 (O-:H4), but none of the 16 O157:H7 strains in this study, bound Congo red dye (results not shown). We compared all 17 strains for biofilm formation using crystal violet assays (optical density) or direct plate counts (CFU) and analyzed the results using analysis of variance with means separation by a Bonferroni least significant difference technique (23). Strain 06E01767 bound fivefold-greater amounts of crystal violet than the other 16 strains (P < 0.05), which were not different from the negative control (results not shown). Strains 06E01767, 06E02109 (an isolate from the lettuce outbreak), and 06F00475 (an isolate from the same spinach bag as 06E01767) were tested in a model DFR 110 drip flow biofilm reactor (BioSurface Technologies Corp., Bozeman, MT) by following the manufacturer's protocol. Strain 06F00475 produced only small amounts of patchy biofilm on glass, while strain 06E01767 generated a continuous, dense biofilm (not shown). These results agree with past findings (24) that the majority of serotype O157:H7 strains do not express curli fibers or form strong biofilms in the laboratory. However, as one of the serotype O157:H7 isolates

resided in the same spinach bag as the strong-biofilm-forming strain 06E01767, we questioned whether strain 06F00475 could persist within a mixed-strain biofilm. We compared strains 06E01767 and 06F00475 and mixtures of both for biofilm formation on glass coupons in LB-NS medium, following 72 h of incubation by a previously described procedure with modifications (23). Biofilms were washed in phosphate-buffered saline (three times) by vortexing them for 30 s and transferred to tubes containing 0.1% peptone water and 0.3 g glass beads; the air-medium interface was scraped with a spatula. After being vortexed for 30 s and the removal of the slides, the tubes were vortexed again for 5 min and CFU were enumerated. Transformation with either pUC19 or pGFPuv (BD Biosciences Clontech, Palo Alto, CA) allowed for simultaneous quantification and differentiation of strains. While strain 06F00475 containing either plasmid could not be consistently recovered, strain 06E01767 was recovered at $>4 \log_{10}$ CFU/ml (Fig. 2). When cultured together, both strains were recovered at >4 log₁₀ CFU/ml. When the hosts and plasmids were reversed, the results were similar. The total numbers of cells recovered from mixed-strain experiments were not different (P > 0.05), regardless of which strain carried green fluorescent protein. Likewise, the numbers of cells of strain 06F00475, when carrying either plasmid, were not different from each other or from the total number of mixed cells (P > 0.05). However, the recovered numbers of cells of strain 06E01767, carrying either plasmid, were lower (P < 0.05) than the total number of cells or the number of cells of strain 06F00475. These results indi1272 UHLICH ET AL. APPL. ENVIRON. MICROBIOL.

cate that the amount of biofilm produced by strain 06E01767 was constant whether the strain was incubated individually or in the presence of strain 06F00475. However, the non-biofilm-forming strain 06F00475, when grown together with strain 06E01767, persisted in numbers greater than those of strain 06E01767. It should be noted that strain 06E01767 biofilm could not be dislodged by vortexing it with glass beads; rather, it required physical abrasion. When slides were washed gently without vortexing, the numbers of cells recovered from 06F00475, 06E01767, and mixed-strain slides were similar, indicating that strain 06F00475 attached loosely to glass although it formed no biofilm (results not shown). Whether strain 06F00475 was an active or a passive participant in biofilm formation is being studied.

The results of this study suggest that the E. coli O157:H7 strains associated with spinach and lettuce in the outbreaks of 2006 are closely related. The finding of both the stx_2 and stx_2 variants in these strains supports the need for further research to investigate the role of the dual expression of stx_2 and stx_{2c} in STEC virulence and the development of HUS. Our studies with pairs of patient/food isolates suggest that differences in certain stress tolerances, virulence genotypes, or levels of biofilm formation did not develop following passage through the gastrointestinal tract. Moreover, the strains associated with the produce outbreaks did not display unusual stress resistance characteristics or biofilm-forming abilities compared to those of isolates from other sources, suggesting that the produce isolates did not undergo a drastic stress adaptation. However, broader and more-detailed studies need to be conducted to fully assess STEC adaptation to environmental growth. Finally, this study clearly demonstrates that in situations where environmental contamination with enteric bacteria results in the mixed-species contamination of food products, nonvirulent isolates could play an important role in the persistence of serotype O157:H7 on solid surfaces.

We gratefully acknowledge the work of James Tait, George Fraser, Barry Perry, Carol Sandt, Charles Cook, and Jonathan Sabo in serotyping and fingerprinting the human isolates and related food strains of *E. coli*. We also thank Giuseppina Esposito, Bryan Cottrell, Terence Strobaugh, Lori Bagi, Lisa Injaian, David Needleman, Peter Cooke, John Phillips, and Paul Pierlott for their technical assistance.

The mention of trade names or commercial products in this article is solely for the purpose of providing specific information and does not imply recommendation or endorsement by the U.S. Department of Agriculture.

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